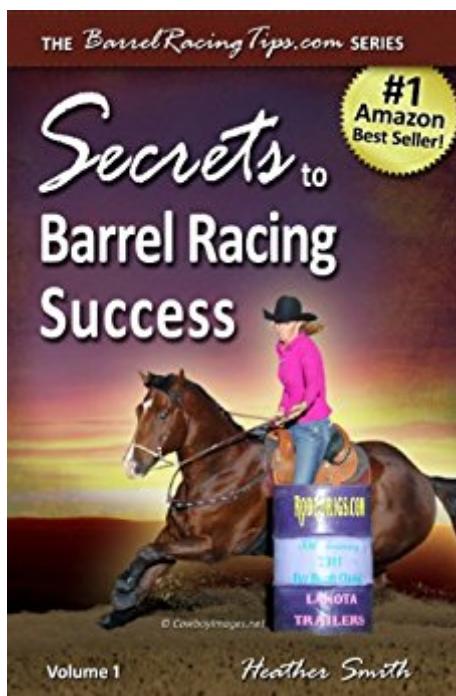


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# Secrets To Barrel Racing Success (BarrelRacingTips.com Book 1)



## Synopsis

Barrel racers are driven by an unrelenting desire to win. But, they are often misled. The secrets have been well kept for much too long. It's time for barrel racers to stop looking for barrel racing success, in all the wrong places. In this best-selling barrel racing book, author Heather Smith shares tips for barrel racing that reveal the real reasons for slow times, tipped barrels, behavior problems, and much more. Smith challenges barrel racers to develop new perspectives and describes the specific action steps, proven time and again to yield positive, fast results. As Volume I in the BarrelRacingTips.com series, *Secrets to Barrel Racing Success* provides an integral foundation, yet far from just the basics, it empowers barrel racers to demystify even the most advanced barrel horse training concepts: Sense and correct subtle mistakes on the pattern quickly and easily; Realize what 'feel' really is, and how you can harness it's power; Develop a barrel horse to be mentally focused and with you; Barrel racing tips & techniques to make any barrel horse faster; Communicate in a way that creates feather-light responsiveness; Become a rider and competitor that brings out the best in every horse; Achieve optimum barrel racing performance, through optimum horse health; Master the mental game for confidence every time you blast down the alley; Understand true collection, why it's so critical, and how to achieve it; The secret to winning lies in becoming aware of, and dissolving the lesser-known blocks (that many don't even know exist) standing in the way of barrel racing success. Don't be left in the dark - the *Secrets to Barrel Racing Success* offers an enlightening, exciting and clear path to achieving you and your barrel horse's greatest potential!

**REVIEWS**

"With everything that I have learned, we performed the BEST run we have EVER, EVER, EVER had on Saturday!! I had goose bumps from head to toe and was brimming with confidence! I have been relying on your book and look where it's got me, I now have a horse running 1D times and have now performed the best run I have ever done on her. She was so sooo responsive, thank you heaps for your help!" - Ruby H.

"Just wanted to let you know that your "Secrets" book is awesome! It totally covers what no other book does. What I've read covers the true secrets to barrel racing success - that are not obvious, but are really all about how far you are willing to challenge yourself and your horse to be the best you can be!" - Jeana W.

"I wanted to tell you how much your book means to me. I have read this book twice in less than a month and have hi-lighted and marked pages... My family trains horses for a living and I've been riding since I can remember. I was recently gifted with a three year old Quarter Horse and this has been the most frustrating experience of my entire life! All I could think was 'He's doing what YOU taught him and you're punishing him for it! There's a way to fix it, you just

haven't found it. Go LEARN something! What I needed is someone to say "You can do this! And this is how..." I could go on forever about how much "The Secrets" has helped me overall... Just THANK YOU!" - Randi

## **Book Information**

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## **Customer Reviews**

When I first got this book I thought it was for training horses. If that is what your looking for this book is not for you. I will not lie, it took a little bit before I really got into reading this book because I got it with the mind set it was for how to train a horse for barrels. However, once I got into the first few chapters and figured out its all about training or retraining the rider I really got into it. The author really focuses on how you think is how you will perform. She really got me to take a step back and look at why my horse was doing what they were doing. Turns out, it had nothing to do with how I had trained them, it had to do with what I was thinking about when I would try and make a run. This book has helped me with more than just barrels, it has helped me with life. I can not wait for her to come out with the next one. I feel this book is worth the \$20 I spent on it and I would recommend it to anyone that needs a little mental, get your head in the game type help.

After two years practically removed from horses, I ended up with a young horse & started working. I'd trained the horse I raced successfully on before and never had any problems, so why not? Wow... After a year & a half I literally couldn't work the pattern without ending up in tears. I've actually considered selling out & giving up. But after a pretty painfully honest heart - to - heart with my Dad, I decided to start from scratch & give it one more try. Thus began the never-ending search for helpful and useful knowledge. I know the basic mechanics; after all, I've trained a barrel horse before, & I've ridden my entire life. So finding a helpful book that wasn't repeating things I already know was a challenge, and I actually stumbled on this book & looked at it a couple of times before I bought it. I am SO glad I did! This is NOT a training manual. It won't tell you how to teach a horse to do things like flex and counter arc. But what it WILL do is JUST as important, maybe more. I have read Heather's story and said to myself "This is me!" This book had me in tears, simply by explaining some of the emotions I've gone through. Finally. Someone who "gets" it. I read the whole thing in less than 2 days, and now I'm reading it again to absorb more information. I would recommend this book to anybody who is struggling, even the top NFR girls out there. It won't teach you what to do, but it'll teach you how to get there without a nervous breakdown. Or how to recover from it & get back on track :)

I am not gonna lie, I only meant to download a sample of this book. I accidentally bought the book and decided to make the best of the situation and read the book. I have read lots of books about barrel racing and always enjoy learning new methods and skills to add to my "training toolbox". This book was a huge disappointment. I felt that \$19.99 was a lot for an e-book and especially after I read the book. I had a hard time making myself read the book. Lots of common sense material and a lot of stuff about the mental aspect of competition. Perhaps if you are looking for information about the mental side of barrel racing perhaps this book would be for you. Even more disappointing was that the format came across my kindle very poorly and there were lots of broken and disorganized sentences & paragraphs making it even harder to read :(

Heather breaks it down in simple terms and doesn't sugar coat it. This is a good book for the basics. A lot of it is common sense, but is it common sense if you aren't considering it in the first place? It's nice to have it pointed out, and this is what Heather does in this book.

I'm finishing reading "Secrets to Barrel Racing Success" - the first volume in a 2 books series - which is the key to becoming not only a better barrel racer, but a better horse trainer, better

horseman, and above all, to really make a **HUGE DIFFERENCE** in our HORSE'S LIVES! She allows us to travel new pathways and shows new possibilities to make horse's lives better and to train them in a way that is kind, gentle and effective, based on their willing to work together with the rider and becoming trully **CONNECTED**! She goes beyond just training horses, she works with the rider's and horse's body, mind and emotion, things that not many barrel racer mention and for what I've been looking for so many time 'till now! If you're a horse person It is a "must read"!

Heather' s simplicity in her writing continues to be what draws me to reading her books. I am really enjoying what she has yo say. It follows a path I have been following for years now. It is a compliment to what I have been learning. I like th at she has taken the approach she has. It is something everyone needs yo learn. It is another great read.

What a great book for any barrel racer! I've been at it for several years and must say that this book is a great summary of many resources that will benefit barrel racers at any level. Heather Smith does an excellent job of putting the pieces together in an easy to follow guide. It is not a how to run around three barrels book... that is the easy part... this book is geared towards all the other more difficult parts of barrel racing. It covers the importance of horse care, the ever challenging mental game, developing the vital relationship with your horse, and much more. I truly loved this book and would recommend it to anyone that wants to be a successful barrel racer.

I took a chance with this book as i was stuck and not knowing how to move forward, but This book has changed the way i think, ride and run barrels. I have not had a lesson in barrel racing or attended a clinic in over a year, but by reading this book and all the articals on barrelracingtips.com i now have a horse that is running 1st division barrel times and has come leaps and bounds in the last year with the help of this book. as Heather says 'Applied, knowlage is power' and it is so true, i wouldnt of gotten the results i did if i didnt apply myself to improvement. But i did and it has made the world of difference. i highly recomend this bok to every barrel racer, no matter what level you are at it will put you in the right direction and get you well on your way to winning!thank you so much Heather Smith, you are a true gem to the world of barrel racing.

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